

Assessing Your Group Interaction

In continuing to assess the important *who am I* and *what am I* questions relating to occupational choice, consider how you get along with others. The personal qualities you use in your occupation are called adaptive skills. Attempt to rate yourself as honestly as possible for each item by checking the column that best answers the questions.

WHEN I AM WITH OTHER PEOPLE, I:

	Usually or often	Seldom or Sometimes	Not at all
1. am selected to be their leader	_____	_____	_____
2. listen quietly and comment little	_____	_____	_____
3. try to follow the rules of the group	_____	_____	_____
4. volunteer if help is needed	_____	_____	_____
5. get asked to do important jobs	_____	_____	_____
6. talk when others are talking	_____	_____	_____
7. am very sociable and make other feel comfortable	_____	_____	_____
8. participate in discussions	_____	_____	_____
9. back off when the group decides to do something I'm not interested in	_____	_____	_____
10. show respect for all persons present	_____	_____	_____
11. prefer to work as a team member	_____	_____	_____
12. more often try to control than to accept them	_____	_____	_____
13. try to get my ideas accepted	_____	_____	_____
14. questions issues and not criticize others	_____	_____	_____
15. like being the center of action	_____	_____	_____

A. Which three from the "Usually or Often" column occur with the greatest frequency or most often?

1. _____
2. _____
3. _____

B. Which three from the "Seldom or Not at all" column occur with the least frequency or most rarely?

1. _____
2. _____
3. _____

C. Is there a characteristic pattern in A and B? Any apparent contradictions? What can you conclude?

1. _____
2. _____
3. _____